Programme Portfolio

Human Skills by Sudeep Ghosh · 2026

Thirteen programmes across four tracks. Corporate leadership and productivity, healthcare excellence, early career and educators, and mindfulness for teams under pressure.

Delivered by the trainer you meet. No associate substitution, no layers between the enquiry and the session.

Built on nineteen years of industry — eleven in cement manufacturing, eight in training — with 2,700+ learners and 60+ workshops behind it.

Delhi NCR base, India-wide delivery. On-site or online, from a single workshop to a multi-session programme.

Document	Programme portfolio — for L&D, HR and procurement review
Programmes	13 across four tracks
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About Sudeep Ghosh

Corporate Trainer · Human Skills by Sudeep Ghosh

I am a corporate trainer working where AI, process improvement and human skills meet. Eleven years as an Electrical Engineer at Shree Cement and UltraTech Cement (Aditya Birla Group) came before eight years of training delivery, and that order matters: the workshops are built from the plant floor, the quality lab and the classroom, not from a slide library.

Participants leave with something they can use on Monday — a calculator they can run on their own defect data, a prompt they can reuse, a framework for a conversation they have been avoiding.

Four tracks

Area	What it covers
Corporate leadership & productivity	6 programmes — workplace communication, interpersonal skills, collaboration, managerial skills, Critical Thinking with AI, Six Sigma + AI
Healthcare excellence	3 programmes — Healthcare Reimagined: Six Sigma Meets AI, respectful patient interaction, compassionate communication
Early career & educators	3 programmes — career planning, body language and grooming, Take Your Teaching Online
Mindfulness & wellbeing	1 programme — breath-work, body scan, guided visualisation, emotional regulation under pressure

Delivery is by me, not by an associate. Based in Rohtak, I work across Delhi NCR — Delhi, Gurugram, Noida, Faridabad, Ghaziabad — and travel to client sites elsewhere in India for multi-day programmes. Online delivery is available anywhere.

Certifications and training record

Certification	Awarding body
International Certified Career Coach Program (Foundation Level 1) — 30 credits	NCDA & CDA (US), organised by Mindler, 2019
Impactful Training Design and Delivery	Asian College of Teachers, Kolkata
Take Your Teaching Online (Accredited CPD)	The Open University, UK
Effective Communication at the Workplace	The Open University, UK
Generative AI for Everyone	Indo-German Tool Room, Indore (MSME India)
Fundamentals of Digital Marketing	Google Digital Garage

Industry training delivered by employers: DuPont Safety Standards and World-Class Manufacturing at UltraTech Cement (Aditya Birla Group); Team Building, Manage Self and Creativity & Innovation at Aditya Birla Group; Effective Team Management and Electrical Substation Design at Shree Cement (HM Bangur Group).

Six Sigma + AI Training for Manufacturing Teams

Six Sigma gives you the discipline. AI gives you the speed. This workshop fuses DMAIC rigour with machine learning so quality teams reach root cause sooner and lift process capability without adding inspectors.

What the programme covers

#	Module	What participants work on
01	**AI-augmented root cause analysis**	Structure the problem with DMAIC, then use AI to widen the hypothesis set before you test it.
02	**Automated Pareto discovery**	Let the analysis surface the vital few quality drivers instead of hand-sorting defect logs.
03	**Control charts that flag drift**	Turn SPC into a self-learning sensor that warns before a defect is ever produced.
04	**Computer-vision inspection**	Pipelines that hold capability at 6σ without inflating inspection headcount.

Delivered on-site at your location or online. Modules can run standalone or as a series; the sequence is set after a short conversation about the team in front of you.

Critical Thinking with AI Tools

AI will give your team an answer in seconds. This session makes sure they can tell whether it is the right one.

What the programme covers

#	Module	What participants work on
01	**Prompting that produces usable analysis**	Structured prompts that carry context and constraints, instead of one-line questions.
02	**AI-assisted brainstorming**	Using the model to widen the option set before human judgement narrows it.
03	**Frameworks for evaluating output**	Spotting confident-but-wrong, stale and biased answers before they reach a client or a board note.
04	**The verification habit**	What to check, when to check it, and which decisions should never be delegated to a model.

Delivered on-site at your location or online. Modules can run standalone or as a series; the sequence is set after a short conversation about the team in front of you.

Soft Skills Training for Teams

Technical skill gets people hired. The human skills decide whether that expertise ever lands. I run four programmes on exactly that gap — built around the conversations your teams actually have, and delivered by me, not an associate.

What the programme covers

#	Module	What participants work on
01	**Effective workplace communication**	Clear, impactful communication across hierarchies, cultures and channels, with active listening and feedback that lands.
02	**Interpersonal communication skills**	Emotional intelligence, empathy in action, rapport-building and conflict resolution.
03	**Essential collaboration skills**	Cross-functional teamwork, shared ownership and group decision-making, practised through simulations.
04	**Effective managerial skills**	The day-to-day craft of running a team: delegation, difficult conversations and accountability.

Delivered on-site at your location or online. Modules can run standalone or as a series; the sequence is set after a short conversation about the team in front of you.

Corporate Trainer in Delhi NCR

Thirteen programmes across four tracks, built around the team in front of me rather than a fixed deck. Based in Rohtak, delivering across Delhi NCR and to client sites anywhere in India.

What the programme covers

#	Module	What participants work on
01	**Core workplace skills**	Workplace and interpersonal communication, collaboration, managerial skills, body language and professional grooming.
02	**AI-enhanced skills**	Critical Thinking with AI Tools and two Six Sigma + AI workshops, including one built for healthcare quality teams.
03	**Healthcare communication**	Respectful patient interaction and compassionate communication for patient care, designed for clinical and care teams.
04	**Career, wellbeing and teaching**	Career planning for young professionals, mindfulness and meditation, and Take Your Teaching Online for educators.

Delivered on-site at your location or online. Modules can run standalone or as a series; the sequence is set after a short conversation about the team in front of you.

Employability Skills Training for Colleges

Final-year students rarely fail interviews for lack of knowledge. They fail for lack of practice. These workshops are built around the interview they are about to face.

What the programme covers

#	Module	What participants work on
01	**Interview readiness**	Mock interviews with structured feedback, and answers built from the student's own experience rather than a script.
02	**Group discussions and professional communication**	The format most campus placements use, rehearsed in the room, along with workplace communication and presentation skills.
03	**Resume, cover letter and digital portfolio**	Documents that survive an automated screen and then hold up in a human one.
04	**Grooming, body language and the elevator pitch**	First impressions, workplace etiquette and a 60-second introduction students can actually deliver.

Delivered on-site at your location or online. Modules can run standalone or as a series; the sequence is set after a short conversation about the team in front of you.

Mindfulness & Meditation Sessions

Practical techniques for people who spend their day in high-pressure rooms. Sessions built to lower stress, sharpen focus and give people something they can use in the two minutes before a difficult meeting.

What the programme covers

#	Module	What participants work on
01	**Breath-work**	Simple, portable breathing patterns that settle the nervous system quickly, usable at a desk or before a presentation.
02	**Body scan**	A structured sweep through the body to notice where tension has accumulated and release it deliberately.
03	**Guided visualisation**	Led exercises that build calm and clarity, and that participants can replay on their own afterwards.
04	**Emotional regulation under pressure**	How to use all three in the moment that matters, rather than only on a quiet Sunday morning.

Delivered on-site at your location or online. Modules can run standalone or as a series; the sequence is set after a short conversation about the team in front of you.

Delivery, coverage and next steps

Item	Detail
Base	Rohtak, Haryana
Coverage	Delhi NCR (Delhi, Gurugram, Noida, Faridabad, Ghaziabad) and client sites across India
Formats	On-site workshop, online session, or a multi-session programme across a quarter
Delivery	Facilitated by Sudeep Ghosh; no associate substitution
Materials	Participant workbook and post-session feedback report
Certification	Certificates carry a unique ID and QR code, verifiable at humanskills.in/verify.html
Enquiries	training@humanskills.in · sudeep@humanskills.in

What to send me

A first conversation is thirty minutes and carries no obligation. It helps to know the team, the behaviour you want to change, the constraint you are working inside, and the date you have in mind. From that I will come back with a proposed sequence, the modules that fit, and a written quote.

Free tools you can try before we speak

Tool	What it does
Pareto Analysis Dashboard	Upload defect data, get the 80/20 vital few and a cumulative curve. humanskills.in/tools/six-sigma-pareto-dashboard.html
Process Capability Calculator	Cp, Cpk, PPM and yield from your own measurements. humanskills.in/tools/process-capability-dashboard.html

Contact	Details
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